



Learn to Skate

Fall 2, 2023

At Peconic Ice Rinks, we have a class for EVERY skater! Our highly qualified and certified instructors, small class sizes, and fun-filled learn to skate program will help every skater progress at his/her own pace.

The Peconic Ice Rinks uses the ISI Learn to Skate Program Curriculum which is the oldest one in the country! Children begin in a Tot 1 or Pre-alpha class and gradually progress through our secondary and advanced levels to further their skating development. We also have classes for adults of all levels, from beginner skaters who have never been on the ice before to those who are more advanced!

Fall 2, 2023 Class Dates

WEDNESDAYS: Dec 6-Jan 3

Class Times: 5:00 p.m. & 5:30 p.m.

(See reverse side for schedule)*Schedule subject to change
No class December 27

4 Weeks - \$104

THURSDAYS: Dec 7-Jan 4

Class Times: 4:30 p.m. & 5:00 p.m.

(See reverse side for schedule)*Schedule subject to change
**No Class December 28

4 Weeks \$104

SATURDAYS: December 2-23

Class Times: 11:40 a.m.; 12:15 p.m. & 12:50 p.m.

(See reverse side for schedule)*Schedule subject to change

4 Weeks \$ 104

All Learn to Skate Classes include unlimited practice time on Public skate during the semester!
See the reverse side for class levels and times!

FAQs and INFORMATION

SKATE RENTAL

- ★ Don't have your own skates? No problem! Skate Rental Passes are available for \$30 for the whole semester!

HELMETS

- ★ Skaters under the age of 12 or below the Beta level are required to wear a helmet
- ★ All skaters wearing hockey skates or any skates without a toe pick are required to wear a hockey helmet with a full face shield
- ★ Please note that helmet rental is NOT available at the arena

ADDITIONAL NOTES

- ★ Students may practice on any public skating session during the semester FOR FREE!
- ★ Refunds are subject to a \$30.00 cancellation fee plus the cost of any classes attended
- ★ An athletic waiver and release must be signed and the session must be paid in full before entering the ice
- ★ Classes may be combined due to low enrollment
- ★ All Participants must have an annual ISI Membership. There is a cost of \$15.00.



For more information or to register, contact us!

www.peconicicerinks.com – info@peconichockey.org

5789 Middle Country Road, Wading River, NY 11792

Fall 1 2023 Class Schedule

Primary Level Classes:

The starting point for those who are new to skating or have never taken formal lessons before

Primary Level Classes:	Wednesday	Thursday	Saturday	Class Description
Tot 1 (Snow Plow Sam 1) (Age 3½-6)	5:00 p.m.	4:30 p.m.	11:40 a.m. & 12:50 p.m.	Skaters learn the proper way to fall and get back up again, marching in a standing position as well as while moving.
Pre-alpha 1 & 2 (Basic 1) (Age 7-13)	5:00 p.m.	4:30 p.m.	11:40 a.m. & 12:50 p.m.	Skaters learn how to perform two-foot glides one-foot glides (Right & Left), forward swizzles, backward wiggles, & backward swizzles
Adult 1 (Beginner) (Age 14+)	5:35 p.m.	5:00 p.m.	11:40 a.m. & 12:15 p.m.	Skaters learn the skills of forward/backward swizzles, two foot glides, one foot glides, and forward C-cuts

Secondary Level Classes:

For skaters who have passed one of the primary level classes

Secondary Level Classes:	Wednesday	Thursday	Saturday	Class Description
Tot 2/Hockey 1 & 2 (Snow Plow Sam 2) (Age 3½-6)	5:00 p.m.	4:30 p.m.	11:40 a.m. & 12:50 p.m.	New skills to learn in the Tot 2 class include: two-foot jumps in place, forward swizzles standing still, single swizzles, beginning two-foot glides
Tot 3/4 (Snowplow Sam 3) (Age 3½-6)		5:00 p.m.	12:15 p.m.	Skaters in Tot 3 and 4 learn how to push and glide while stroking, prepare for the snowplow stop, dips, forward swizzles, T-Position & push (Right And Left), backward swizzle, two-foot or one-foot snowplow stop, backward wiggle
Alpha 1 & 2 (Basic 4) (Age 7-13)	5:35 p.m.	4:30 p.m.	12:15 p.m.	Participants in the Alpha class learn the skills of forward stroking, forward crossovers – right foot over left, forward crossovers – left foot over right, one-foot snowplow stop,
Adult 2-3 (Age 14+)		5:00 p.m.	12:15 p.m.	Skaters will begin to work on forward/backward crossovers, backward C-cuts, and snowplow stops

Advanced Level Classes:

For skaters who have completed the secondary level class sequence

Advanced Level Classes:	Wednesday	Thursday	Saturday	Class Description
Beta (Basic 4-5) (Age 7-13)	5:35 p.m.	4:30 p.m.	12:15 p.m.	Skaters learn skills including backward stroking, backward crossovers in both directions, and T-stops in both directions
Gamma (Basic 5-6) (Age 7-13)		5:00 p.m.	12:15 p.m.	Skaters will learn new skills including outside 3-Turns in both directions, Mohawks and hockey stops in both directions.
Delta (Basic 7) (Age 7-13)		5:00 p.m.	12:15 p.m.	New skills to learn include inside 3-Turns in both directions, inside and outside forward edges, Shoot-the- Duck and lunges
Freestyle 1 (Basic 8) (Age 7-13)		5:00 p.m.	12:50 p.m.	Participants will learn skills that include forward inside pivots, two-foot spins, forward arabesques, backward edges (inside and outside), one-half flip, and Waltz Jumps
Adult-Advanced (Age 14+)		5:00 p.m.	12:50 p.m.	Class will include all of the foundational skills mentioned in the Adult classes above, as well as more advanced edgework maneuvers
Hockey 3 & 4		5:00 p.m.	11:40 a.m.	

Questions? Contact us at:
info@peconichockey.org