

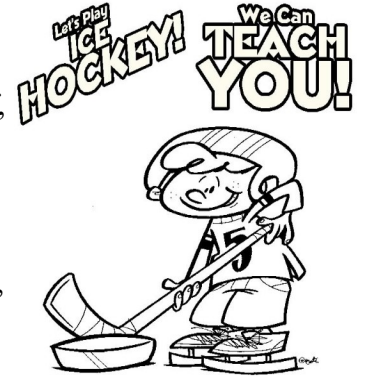


Learn to Play Hockey Program

Fall 2023

PROGRAM OVERVIEW:

The Hockey Programs are designed for beginner through intermediate hockey players. Led by our elite coaching staff, players will work on all the skills necessary to become a great and complete hockey player. **It is strongly suggested that participants complete our Hockey Learn to Skate program prior to beginning this program.** Every hour session is filled with excitement, hard work, and most of all, fun!



CURRICULUM:

TOT HOCKEY LEVEL

AGES 4-6

STOPPING

HOCKEY STANCE/HOCKEY POSITION

STICK HANDLING/PASSING

SHOOTING/TURNING

FORWARD STRIDES

50 MIN INSTRUCTION/10 MIN SCRIMMAGE

TYKES ON ICE LEVEL

AGES 6-8

STOPPING

CROSS OVERS AND HOCKEY STOPS

STICK HANDLING/PASSING/SHOOTING

FORWARD & BACKWARD STRIDES

INSIDE & OUTSIDE EDGES

50 MIN INSTRUCTION/10 MIN SCRIMMAGE

HOCKEY DEVELOPMENT LEVEL

AGES 8 and UP

STOPPING

FORWARD & BACKWARD STRIDES

STICK HANDLING/PASSING/SHOOTING

INSIDE & OUTSIDE EDGES

CROSS OVERS

50 MIN INSTRUCTION/10 MIN SCRIMMAGE

See other side for session schedule and further details

FOR MORE INFORMATION, CONTACT US:

INFO@PECONICHOCKEY.ORG

WWW.PECONICICERINKS.COM

SCHEDULE:

Tot Hockey, Tykes on Ice, & Hockey Development

Mondays

Fall 1 2023 Semester	Dec 4 -Jan 2 **No Class Dec 25	4:20 – 5:20 PM	4 Weeks	\$100
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Fridays

Fall 2 2023 Semester	Dec. 1 – Dec 22	5:10 – 6:10 PM	4 Weeks	\$100
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Saturdays

Fall 2 2023 Semester	Dec 2 -Dec. 23	8:20 - 9:20 AM	4 Weeks	\$100
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Equipment Details

- Equipment in diagram is **REQUIRED** →
- Jersey included with enrollment
- Hockey socks, cup/supporter required
- Ice hockey stick required



Please note: There are no refunds, cancellations or make-ups. A credit on file will be issued to those with a doctor's note.

Walk-ons (\$30) are only available for classes in which enrollment is not full.

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