

# **Learn to Play Hockey Program**

# June to August 2025 Sessions Program Overview

The Peconic Ice Rinks Hockey Programs are designed for beginner through intermediate hockey players. Led by our elite coaching staff, players will work on all the skills necessary to become a great and complete hockey player. It is strongly suggestedthat participants complete our Hockey Learn to Skate program prior to beginning this program. Every hour session is filled with excitement, hard work, and most of all, FUN!

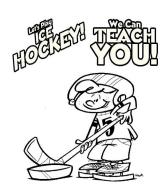
#### **CURRICULUM:**

#### **TOT HOCKEY LEVEL**

- AGES 4-6
- STOPPING
- HOCKEY STANCE/HOCKEY POSITION
- STICKHANDLING/PASSING
- SHOOTING/TURNING
- FORWARD STRIDES
- **◆** 50 MIN. INSTRUCTION / 10 MIN SCRIMMAGE

### <u>TYKES ON ICE LEVEL</u>

- **◆ AGES 6-8**
- ◆ STOPPING
- **♦ CROSS OVERS & HOCKEY STOPS**
- STICKHANDLING/PASSING/SHOOTING
- **♦ FORWARD & BACKWARD STRIDES**
- INSIDE & OUTSIDE EDGES
- **◆** 50 MIN. INSTRUCTION / 10 MIN SCRIMMAGE



## **HOCKEY DEVELOPMENT LEVEL**

AGES 8 AND UP
STOPPING
CROSS OVERS & HOCKEY STOPS
STICKHANDLING/PASSING/SHOOTING
FORWARD & BACKWARD STRIDES
INSIDE & OUTSIDE EDGES
CROSSOVERS
50 MIN. INSTRUCTION/10 MIN SCRIMMAGE



## See other side for schedule and further details!

FOR MORE INFORMATION, CONTACT US INFO@PECONICHOCKEY.COM/631-953-6300 WWW.PECONICICERINKS.COM



# **SCHEDULE June to August 2025**

## **Tot Hockey/Tykes On Ice/Hockey Development**

#### **Mondays**

Spring 6, 2025	June 2-June 23	4:30-5:30 p.m.	4 Weeks	\$108
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Summer 7, 2025 June 30-July 28 5 Weeks \$135 5:40-6:40 p.m.

Summer 8, 2025 August 4-25 5:40-6:40 p.m. 4 Weeks \$108

**Saturdays** 

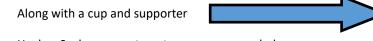
Spring 6, 2025 June 7-28 9:20-10:20 a.m. \$108 4 Weeks

Summer 7, 2025 July 5-26 \$108 8:10-9:10 a.m. 4 Weeks

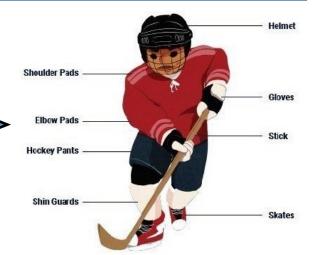
Summer 8, 2025 5 Weeks \$135 August 2-30 8:10-9:10 a.m.

#### **Equipment Details**

- Equipment in Diagram is required



- Hockey Socks or sweat pants are recommended
- All participants receive free public skating during the semester to practice their skating skills



#### Please note:

- There are no refunds cancellations or make-ups. A credit on file will only be issued with a doctor's note.
- Walk-ons are available for all classes for \$35 that are not sold out.
- Participants enroll in the same day and time each week for the semester

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