

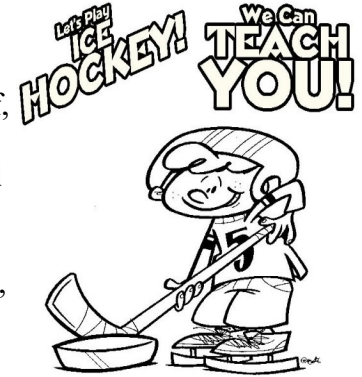


Learn to Play Hockey Program

Spring 5 · 2024 Session

PROGRAM OVERVIEW:

The Hockey Programs are designed for beginner through intermediate hockey players. Led by our elite coaching staff, players will work on all the skills necessary to become a great and complete hockey player. **It is strongly suggested that participants complete our Hockey Learn to Skate program prior to beginning this program.** Every hour session is filled with excitement, hard work, and most of all, fun!



CURRICULUM:

TOT HOCKEY LEVEL

AGES 4-6

STOPPING

HOCKEY STANCE/HOCKEY POSITION

STICK HANDLING/PASSING

SHOOTING/TURNING

FORWARD STRIDES

50 MIN INSTRUCTION/10 MIN SCRIMMAGE

TYKES ON ICE LEVEL

AGES 6-8

STOPPING

CROSS OVERS AND HOCKEY STOPS

STICK HANDLING/PASSING/SHOOTING

FORWARD & BACKWARD STRIDES

INSIDE & OUTSIDE EDGES

50 MIN INSTRUCTION/10 MIN SCRIMMAGE

HOCKEY DEVELOPMENT LEVEL

AGES 8 and UP

STOPPING

FORWARD & BACKWARD STRIDES

STICK HANDLING/PASSING/SHOOTING

INSIDE & OUTSIDE EDGES

CROSS OVERS

50 MIN INSTRUCTION/10 MIN SCRIMMAGE

See other side for session schedule and further details

**FOR MORE INFORMATION, CONTACT US:
INFO@PECONICICERINKS.COM/631-953-6300
WWW.PECONICICERINKS.COM**

SCHEDULE:

Tot Hockey, Tykes on Ice, & Hockey Development

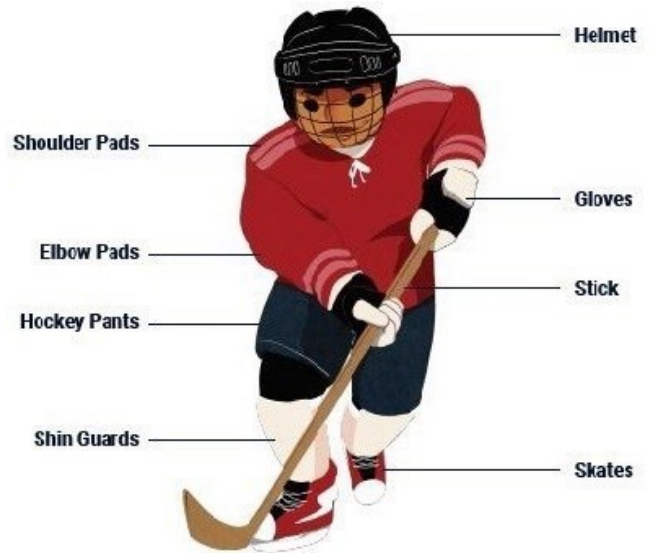
<u>Mondays</u>				
Spring 5 2024 Semester	April 15-May 20	4:30- 5:30 PM	6 Weeks	\$156
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<u>Saturdays</u>				
Spring 5 2024 Semester	April 13-May 25	8:20 - 9:20 AM	7 Weeks	\$182



Equipment Details

- Equipment in diagram is **REQUIRED** →
- As well as hockey socks (or sweat pants), & cup/supporter

All participants receive free public skating time during the semester to practice their skating skills



Please note: There are no refunds, cancellations or make-ups. A credit on file will be issued to those with a doctor's note.

Walk-ons (\$35) are only available for classes in which enrollment is not full.
Participants enroll in 1 day and time for the semester.

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