



LEARN TO SKATE

at Peconic Ice Rinks Calverton, NY
Fall 1

At Peconic Ice Rinks, we have a class for **EVERY** skater! Our highly qualified and certified instructors, small class sizes, and fun-filled Learn to Skate program helps every skater progress at his or her own pace.

Peconic Ice Rinks uses the ISI Learn to Skate Program Curriculum. ISI (Ice Skating Industry) is a pioneer in skating development. Children begin in a Tots or Pre Alpha class and gradually progress through our secondary and advanced levels to further their skating development.

We also have classes for adults of all levels, from beginner skaters who have never been on ice before to those who are more advanced!

Learn to Skate classes include unlimited practice time on Public Sessions for FREE during the class semester. Please check in at the Front Desk.

Fall 1 Class Dates & Times

Wednesdays: Sept. 9th – Oct. 28th
Class Times: 4:45pm & 5:15pm

Fridays: Sept. 11th – Oct. 30th
Class Times: 11:30am, 12:00pm, 12:30pm & 1:00pm

Saturdays: Sept. 12th – Oct. 31st
Class Times: 11:15am, 11:45am, 12:15pm & 12:45pm

8 Weeks for \$224

(All Prices are Prorated)

Register online at www.peconicicerinks.com

INFORMATION

Skate Rental

Don't own your own skates? NO Problem! You can rent skates for \$7. **Skate rental passes are also available at the discounted price of \$30 for the whole semester!**

Free Public Session

Learn to Skate classes include unlimited practice time on Public Sessions for **FREE** during the class semester.

Walk-On Classes Available

If you'd like to try a class first or you're unable to sign up for an entire series, you can drop-in on any ONE of our Learn to Skate classes during their scheduled time for a one-time fee of **\$35**. See the reverse side for class levels and times. Schedule subject to change.

Helmets

*We strongly recommend that skaters under the age of 12 and anyone below the Beta level wear a helmet on the ice.

*All skaters wearing hockey skates or skates without a toe pick are required to wear helmet with full face shield.

*Helmet rental is **NOT** available at the rink.

Additional Notes

*Refunds are subject to a \$30 Cancellation fee.

*Free Public Session admission within class series only.

*Only ONE make-up per session.

*Before entering the ice, an athletic waiver and release must be signed, and the session must be paid in full.

*Classes may be combined due to low enrollment.

All class registrants must have an annual ISI Membership for the cost of \$18

Primary Levels	Wednesday	Friday	Saturday	Description
Tot 1 (Ages 3-6)	4:45pm	12:00pm	11:45am 12:15pm	Marching in place & while moving, how to get up if they fall.
Tot & Me (Ages 3-6)		11:30am	12:15pm	Take the ice with your Tot & learn together in a safe & fun environment.
Pre Alpha (Ages 7-13)	4:45pm	1:00pm	11:45am 12:45pm	Two-foot & one-foot glides, forward & backward swizzles, backward wiggles.
Adult Beginner (Ages 14+)	4:45pm		12:15pm	Two-foot & one-foot glides, snowplow stops, backward wiggles, forward & backward swizzles, forward stroking, forward crossovers.

Secondary Levels	Wednesday	Friday	Saturday	Description
Tot 2 (Ages 3-6)	4:45pm 5:15pm	12:00pm	11:45am 12:45pm	Two-foot jump in place, beginner two-foot glide, beginner swizzles.
Tot 3 (Ages 3-6)	5:15pm	12:00pm 12:30pm	12:45pm	Push & glide stroking, snowplow stop, dip, forward swizzles.
Alpha (Ages 7-13)	5:15pm	1:00pm	11:45am 12:45pm	Forward stroking, forward crossovers, one-foot snowplow stop.
Adult Intermediate (Ages 14+)	4:45pm 5:15pm		12:15pm	Backward stroking & crossovers, T-stop, 3-turns, mohawks.

Advanced Levels	Wednesday	Friday	Saturday	Description
Adult Advanced (Ages 14+)	5:15pm		12:45pm	Inside 3-turns, Inside/outside forward edges, bunny hop, shoot-the-duck, lunge.
Beta (Ages 7-13)	5:15pm		11:45am 12:45pm	Backward stroking, backward crossovers, T-stops.
Gamma/Delta (Ages 7-13)	4:45pm			<u>Gamma</u> : Outside 3-turns, mohawks. <u>Delta</u> : Inside 3-turns, forward edges, lunge, shoot-the-duck, bunny hop.

Specialty Classes	Wednesday	Friday	Saturday	Description
Rising Skater (figure skating)	5:15pm		11:15am	This class is for Figure Skaters ONE hour class - Season price \$264 (Single class is \$45 to walk-on)
Hockey 1/2	4:45pm		12:15pm	Hockey skating technique, stopping, forward/backward skating. HOCKEY SKATES & HELMET required.
Hockey 3/4	5:15pm		12:45pm	Hockey skating technique, edges, turns, forward/backward crossovers. HOCKEY SKATES & HELMET required.