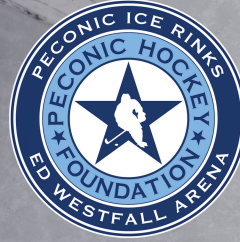


# GIRLS ONLY HOCKEY CLINIC



This is a Girls only Hockey Clinic – Taught by a Female Instructor!

## MONDAYS - 4:40PM - 5:40PM

### 1-HOUR CLINIC BREAKDOWN:

- 30 MINUTES POWER SKATING
- 30 MINUTES SKILLS & DRILLS

### INCLUDES:

- FREE PUBLIC SESSION ICE TIME
- INDIVIDUALIZED INSTRUCTION IN A FUN, EMPOWERING ENVIRONMENT
- ACCESS TO DONATED EQUIPMENT (EXCLUDING HELMETS AND SKATES)

**All Skill Levels Welcome! Perfect for girls who are new to hockey or looking to sharpen their skills in a supportive, female-led setting.**

### FULL EQUIPMENT REQUIRED

NEED HELP WITH GEAR? WE HAVE DONATED EQUIPMENT AND RENTAL HOCKEY SKATES AVAILABLE – JUST BRING YOUR OWN HELMET!